

HOW TO PERFORM

PET CPR

What is CPR?

CPR is short for Cardiopulmonary Resuscitation — a series of chest compressions and artificial respiration.

When should you perform it?

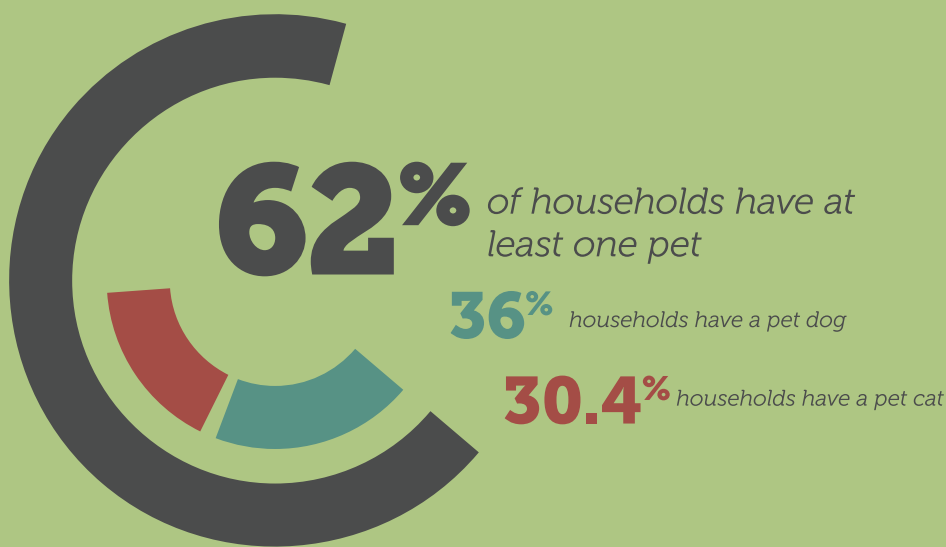
If you can't feel your pet's heartbeat and it stops breathing, it's like a sign their heart will go into cardiac arrest. DO NOT perform CPR on a healthy pet. It could be hazardous to their health.

U.S. Pet Ownership

70 to 80, 

Dogs & Cats

74 to 96, 



STEPS TO SAVE THE LIFE OF YOUR DOG OR CAT

With CPR, you can double or triple a person's chances of surviving a cardiac arrest. Can you do the same for a dog or a cat? Yes. CPR is not quite the same for your furry family members, but it can increase their chances of survival. Find out how.

58%

of pet owners who would be willing to perform CPR on a pet in need



How to Perform CPR on a Dog or Cat

1. Position

- Place smaller animals on their sides
- Place larger animals on their backs

2. Remove obstructions

- Open the animal's mouth to check for obstructions

3. Give artificial respirations

- Extend the head and give several artificial respirations:
- Large dogs: Close the jaw tightly and breathe into the nose. Give 2 breaths
- Small dogs, cats: Cover both nose and mouth with your mouth. Give 2 breaths

4. Perform chest compressions

- Large dogs over 60 lbs: Compress the chest — 60 compressions/minute
- Small dogs, cats 11 to 60 lbs: Compress side of rib cage — 80 to 100 compressions/minute
- Small dogs, cats 10 lbs or less: Compress side of rib cage — 120 compressions/minute.
- Note: With smaller pets, use a one-handed technique. Wrap your hand around the sternum directly over the heart and squeeze.

5. Alternate breaths with compressions

- Perform CPR in 2-minute cycles, switching the compressor in each cycle. Continue until the animal responds or begins to breathe on its own. This should be effective for about 10 to 15 minutes.

Human CPR vs. Pet CPR

CPR is not foolproof. But there is still a small chance it can improve survival rates after cardiac arrest.

Human Survival Rate
15% to 29%

Pet Survival Rate
10% or less

Other Stats

95% of pet owners who consider pets family members

\$1200 average total spent on pets

\$425.70 average spent on pet medical costs

12% of pet owners who have taken out health/medical insurance policies for their pets

\$200-\$300

The average cost of basic CPR at a veterinary clinic

Signs of Cardiac Arrest in Animals

- Difficulty breathing
 - Dilated pupils
 - Decreased breathing
 - Obvious distress
 - Respiratory distress
 - Collapse
 - Mucus membranes white or blue
 - No response
- due to lack of oxygen

SOURCE
<https://www.avma.org/News/AVMANews/Pages/120715g.aspx>
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<http://www.theharrispoll.com/health-and-life/Pets-are-Members-of-the-Family.html>
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